

REPRODUCTIVE HEALTH, CARE AND EDUCATION

Paper no. -HSHD- 204

ES – 2

Sem. – 2 (M.Sc. H.D.)

Marks-100 +35 =135

OBJECTIVES:

1. To create awareness of the basic concepts of reproductive health.
2. To create awareness of the basic concepts in counseling of person with STD/HIV/AIDS.
3. To make them understand psychosocial aspects of HIV/AIDS in relation to family and community life.
4. To develop the skills for counseling for behavior change in person living with HIV/AIDS.
5. To develop skills for home based care and counseling for family members.

UNIT – 1

- Basic concept of reproductive health.
- Importance of reproductive health.
- Reproductive system: Reproductive organ, structure functions.
- Forms of sexual practice, sexual abuse. Sexually Transmitted diseases.
- Various sexually transmitted diseases, prevalence/characteristics or symptoms, causes and prevention of S.T.D.
- Basic concepts and facts about HIV/AIDS.
- Introduction to HIV virus.

- Prevalence rate of HIV/AIDS in India & World.
- Transmission of HIV infection.

UNIT – 2

- Diagnosis of HIV infection.
- Sign & symptoms of AIDS.
- Prevention of HIV infection.
- Mis conception about HIV/AIDS disease.
- Need of reproductive Health education, Methods of reproductive Health education.

UNIT – 3

- Psychosocial aspects of HIV/AIDS.
- Coping strategies HIV/AIDS person.
- Legal issues, rights and ethics.
- HIV/AIDS patients in school and family.
- Attitude towards HIV/AIDS patient.
- Role of various agencies in prevention.

UNIT – 4

HIV/AIDS counseling.

- The principles of counselling, Goals of counseling.
- The prerequisites of counseling, stage of counseling, specific counseling skills.
- Characteristics & attitude of a counselor.
- Content of communication about HIV/AIDS.

- Some specific counseling situations.

Post-test and pre-test counseling.

PRACTICAL :

1. Visit of HIV/AIDS counseling centers.
2. Study of psychosocial problems of HIV/AIDS patient.
3. Study of socio economic & family problems of HIV/AIDS patient.
4. Planning of STD awareness programme.
5. Study of awareness belief/Attitude towards sexuality, S.T.D./Reproductive Health etc.

REFERENCES :-

1. Panthaki, Dhun (1997) Education in Human Sexuality, Delhi: Family Planning Association of India.
2. Bharat S (1996) Facing the challenge -house hold and community response to HIV/ AIDS in Mumbai, Bombay TISS.
3. Ahmed, P.I. (1992) Living and dying with AIDS, New York: Plenum.
4. Sonawar R & Mathur S (1999); HIV/AIDS persons coping strategies, Mumbai: Multi Tech Publishing Co;.
5. HIV/AIDS counseling Training Manual, AIDS Control Programme. Ministry of Health, Malawi.